

Dr Emma Ashworth, Lecturer, Liverpool John Moores University

Emma is a Chartered Psychologist and Lecturer in Psychology at Liverpool John Moores University. Her research focuses on child and adolescent mental health, with a particular emphasis on risk and resilience, examining the processes and mechanisms that contribute to the emergence of difficulties. A key focus of her research is the trialling and evaluating of school-based mental health prevention and promotion interventions; specifically, implementation evaluations and the differential effects of interventions for at-risk children.



She has been involved in several large, national trials of school-based mental health and wellbeing interventions including the Good Behaviour, PATHS, and FRIENDS, funded by the Education Endowment Foundation. She is also an honorary researcher at the Anna Freud National Centre for Children and Families, where she is part of a Government-funded national evaluation of the Education for Wellbeing programme, trialling mental health promotion interventions in c.400 schools across England.

She is currently co-lead of the Children, Young People and Families interest group in the LJMU Institute for Health Research, and is deputy lead of the Implementation Science methodological research subgroup as part of the NIHR Applied Research Collaboration (ARC) North West Coast.