

**Subject:** September 2019 Newsletter

**From:** Mental Health Research UK <trustees@mhruk.org>

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**To:** <administrator@mentalhealthresearchuk.org.uk>



## September 2019 Newsletter

Dear David

I hope that you have had a good summer.

We at Mental Health Research UK have been busy with the latest round of PhD Scholarships. We had over 40 applications from the very best University mental health research departments for the three advertised Scholarships (Children and Young People's Mental Health, Suicide Prevention and Schizophrenia). Due to your fundraising efforts we are going to be able to award an additional Scholarship again this year. Shortlisted applications are now being peer-reviewed by researchers and mental health service users and the results will be known in October.

One of our PhD Scholars, Niamh MacSweeney, has made a short Youtube recording of a presentation that she made in the finals of the Edinburgh University competition called The Three-Minute Thesis. I loved it and thought that you might like to see it too.

<https://www.youtube.com/watch?v=gnlJ1gT-UeA>

I wanted to tell you about two easy ways that you can help us to raise funds. If you are an Amazon shopper then if you go through *smileamazon*, a small proportion of what you spend is given to Mental Health Research UK by Amazon at no cost to you. You have to sign up to *smileamazon* and nominate us as your chosen charity. A few of us are doing it and £199 has been raised so far.

<https://smile.amazon.co.uk>

The second one is easyfundraising which works in the same way but with different stores participating including John Lewis and Marks and Spencer.

<https://www.easyfundraising.org.uk>

This year we shall again be offering a Christmas card. An e-card will be sent to all our supporters to use as they wish. If you would like to make a small donation in lieu of postal charges that would be much appreciated. We shall also have a paper card. If you think you might like to buy some could you let me know so that I have some idea of how many to order. The card is being designed by the painter Carol Grace whose late husband John was a founder of Mental Health Research UK.

I will write to you again when the Scholarships are awarded.

Thank you for all your interest in our work and your support in so many different ways.

Clair Chilvers  
Chair of Trustees

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