

Subject: March 2019 Newsletter

From: Mental Health Research UK <trustees@mhruk.org>

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To: <administrator@mentalhealthresearchuk.org.uk>



March 2019 Newsletter

Dear David

On February 22nd we held our annual Scholars' Day, this year at one of the King's College venues near Waterloo. The day was a great success, chaired by Mike Owen and Vanessa Pinfold. All but one of our current Scholars gave a presentation and they were really impressive. The presentations are on our [website](#) with a report of the day written by Heather McDonald one of our Scholars.

The good news additionally is that Jen Dykxhoorn (front row 1st on the left) who has almost finished her writing up has been awarded a post-doctoral fellowship at UCL.



The next round of Scholarships opened on March 1st and full details are on the [website](#). The topics for this year's scholarships are **Schizophrenia**, **Suicide Prevention** and **Children and Young People's Mental Health**. Karen Tarn, a new MHRUK volunteer, will be helping David Riggs with the administration of the scheme. Mike Owen will chair the Awards Panel, with other members being Vanessa Pinfold, Sophie Dix (Research Director of MQ) and Clair Chilvers.

Our friends at the charity MQ have completed a very useful [report](#) on the mental health funding

landscape. It is an easy read and tells the grim story of how small the pot of money for mental health research is still.

Fundraising opportunities



Would you like to take part in the **Great North Run** on Sunday 8th September 2019 for Mental Health Research UK? We have been fortunate enough to be allocated eight places for this event. If you are interested in running and raising valuable funds for MHRUK, please register your interest with trustees@mhruk.org. We will contact you with the terms and conditions. The allocation will be on a 'first come, first served' basis. The closing date is 2nd July.

Ultra Challenge Series 2019. Why not take part in a Challenge for Mental Health Research UK, just like Andrea did: "It was tough but enjoyable and the staff at Ultra Challenge were amazing."

Are you a regular walker and new to endurance events? Perhaps a seasoned trekker looking for testing adventures, or even a marathon runner wanting to 'up' your distance? Whether it's along magnificent coastal scenery, or in stunning open countryside, there's an Ultra Challenge for you. You can find more detail [here](#).



Thank you for all your interest in our work and your support in so many different ways.

Clair Chilvers

Chair of Trustees

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