

**Subject:** BrightenUp! on World Mental Health Day 10 October 2021

**From:** Laura Davidson <trustees@mentalhealthresearchuk.org.uk>

**Date:** 06/10/2021, 11:59

**To:** Supporter <administrator@mentalhealthresearchuk.org.uk>



Dear Supporter

World Mental Health Day is fast approaching and we would love it if our supporters got involved with our **Brighten Up!** campaign.

Visit our website at : <https://www.mentalhealthresearchuk.org.uk/brighten-up> and see our poster. Any money raised will go into our research projects but the main aim of the day is to get people talking and smiling.

Don't forget to join us on Facebook and post your pictures on the day from wherever you are in the world.

Thank you for your support

Laura Davidson (Co-Founding Trustee)

PS. **Brighten Up! [Poster](#)** (for those eating cakes)

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