



Dear Supporter

Recruitment of new Trustees 2021

We are seeking two new Trustees with experience in PR and Fundraising to join our Board.

The Board meets twice a year, and Trustees are expected to attend the Annual Scholars' Day and a small number of other meetings. The charity is volunteer-run and Trustees are hands-on in contributing to the running of the charity. We would like to increase the diversity of our Board and also welcome applications from people with lived-experience of mental ill-health. Previous Trustee experience is not necessary and training will be given. The post is unpaid but travel expenses will be paid.

To discuss further please contact trustees@mhruk.org.

To apply please send a letter of application, a CV and the completed diversity monitoring form, see [website](#) for details.

Closing date 29th October 2021.

Help with Videos

We have created a new website for Schizophrenia Research Fund and would like to add videos from carers and service users. To do this we are looking for a volunteer to help make the videos. If you can help or know someone who can, please contact trustees@mhruk.org

Shop AmazonSmile at <https://smile.amazon.co.uk/ch/1125538-0>, and Amazon donates to Mental Health Research UK, at no cost to you.

AmazonSmile is also available in the Amazon Shopping App to all Amazon customers using an iPhone or Android phone. When you activate AmazonSmile in the app, every eligible purchase will automatically generate a donation for Mental Health Research UK. Go to "Settings" in your app's menu to activate AmazonSmile.

Keep well.

Mike
Chair of Trustees

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