

Subject: Mental Health Research UK - Newsletter December 2022

From: Mental Health Research UK <trustees@mentalhealthresearchuk.org.uk>

Date: 08/12/2022, 10:21

To: Supporter <administrator@mentalhealthresearchuk.org.uk>

Mental Health Research UK - Christmas Card



Dear Supporter

The most important reason for writing is to send you all season's greetings and to thank you for your continued support for MHRUK. We are especially grateful in these difficult times particularly to those who have helped raise funds for us whether by buying Christmas cards, undertaking fundraising events or by simply donating. Thank-you.

On the question of fundraising, we are pleased to announce that we have been awarded a place in the 2023 London Marathon which will take place on April 23rd. If anyone is interested in running this to raise funds for MHRUK then you can find an advertisement [here](#).

I am also pleased to announce that with the help of our scientific committee, our lay reviewers and the Chair of the Awards Committee, Vanessa Pinfold, we have recently awarded two scholarships to commence at the beginning of the academic year 2023.

The first of these is the **John Grace QC PhD Scholarship 2023** awarded to Professor Belinda Lennox and Associate Professor Apostolos Tsiachristas at the University of Oxford entitled **Economic Model of Psychosis using Actual Treatments and Health outcomes (EM-PATH)**. You can find a link to the project [here](#).

In summary, this research will focus on the hugely important question of identifying the optimal way for the NHS to deliver care for psychosis. The scholar will use a large dataset on people receiving psychosis care in England to work out what treatments people receive in practice, which treatments they prefer, and how well these work. Based on these findings, they will produce an economic model that will show the best way for the NHS to provide psychosis services given the budget available.

The second project is the **Mental Health Research UK PhD Scholarship 2023 – Health Inequalities and Mental Illness** awarded to Professor James Kirkbride and Dr Jen

Dykxhoorn at University College London entitled **Examining the causes of health & social inequalities in major psychiatric disorders: causal inference methods in epidemiology applied to longitudinal data**. You can find a link to the project [here](#).

This project will address the important question of why severe mental illnesses (SMI) such as schizophrenia, bipolar disorder and major depression are more common in some population subgroups such as those who live in urban areas, those who experience poverty, or several migrant and minority ethnic groups. While these links have been shown in previous research, it is challenging to show whether and to what extent these associations are causal. This is important because this information is needed to plan and provide preventative measures and treatment services. Recent statistical advances mean that these issues can now be addressed, and the scholar will use these methods to identify which social factors cause increased risk of SMI in different population groups.

We are also very proud that **one of the supervisors, Dr Jen Dykxhoorn, is a previous MHRUK scholar**. Jen was awarded the 2015 John Grace QC scholarship by Mental Health Research UK, and it is amazing that she has progressed so rapidly and now holds a prestigious NIHR Advanced Fellowship. You can read about how her career has progressed since the PhD here <https://www.mentalhealthresearchuk.org.uk/post/after-the-phd-dr-jen-dykxhoorn>.

This shows clearly how our strategy of training the next generation of researchers is paying off.

I hope you agree that these are two great projects. Work to recruit two promising young mental health researchers to take up the scholarships will now start.

Finally, I am again attaching our e-Christmas Card. Please feel free to use it to send to family and friends – if you would like to donate in lieu of the postage saved that would help us greatly, but in any case, using these will help spread the word. See card below

Season's Greetings everyone, and thanks for your continued support

Best wishes

Mike Owen
Chair of Trustees

Best wishes

Mike Owen
Chair of Trustees



Happy Christmas

MentalHealth
ResearchUK

Amanda Besterman Snow at Chastleton

Charity No 1125538

[follow on Twitter](#) | [friend on Facebook](#) | [forward to a friend](#)

Copyright © *2018* *Mental Health Research UK*, All rights reserved.

[unsubscribe from this list](#) | [update subscription preferences](#)

This email was sent to administrator@mentalhealthresearchuk.org.uk
[why did I get this?](#) [unsubscribe from this list](#) [update subscription preferences](#)
Mental Health Research UK · 16 Glenfield Frith Drive, · Glenfield · Leicester, LE3 8PQ · United Kingdom

